



Weekly WIC Newsletter

August 27, 2019

The State WIC Office Wants Your Feedback

Let us know how we're doing by completing this anonymous [Local WIC Agency Survey](#). It's available August -September 30th, 2019.

The feedback from this survey helps guide our strategies at the State Office on how to best support local WIC agency staff (our customers). Thanks for your time in completing this survey and for your valuable feedback!

For questions about the survey, please contact Jill Griffin at 406-444-0909.

FFY 2020 Outreach & Education Plans Due September 1st

The Outreach Plan & Log for FFY 2020 and Nutrition Education and Breastfeeding Plan for FFY 2020 are due back to the State Office by September 1st, 2019.

For questions about the Outreach Plan & Log, please contact Jill Griffin at 406-444-0909. For questions about the Nutrition Education and Breastfeeding Plan, please contact Lacy Little at 406-444-5923 or Chris Fogelman at 406-444-5285.

GBGF Conference Materials

The materials used during the WIC ½ day are now posted in eLearn. Click on WIC Meetings (Fork), then conferences, and finally GBGF 2019. If you have any questions please contact the State Office.

Early Registration for Missoula Breastfeeding Conference Ends Soon

Early bird registration to the Missoula Breastfeeding Coalition Conference will end on September 1, 2019. Regular registration will still be open after that date.

The Missoula Breastfeeding Coalition Conference will be held September 30, 2019, in Missoula, MT, at the Best Western Plus Grant Creek Inn.

Registration and agenda can be found [here](#). An early bird rate \$125 until September 1, 2019. After September 1st, the rate is \$160. The focus will be on supporting the breastfeeding relationship in the presence of prenatal opioid (and other addictive drugs) exposure. Speakers include Denise Maguire, PhD, RN, CNL, FAAN and Emily Hall, DO, Pediatrician.

Continuing Education Credits

We are coming close to the end of the FFY2019 for WIC. As a reminder, continuing education credits must be submitted and approved by September 30th, 2019. Someone that works 20 hours a week or more must complete 12 credit hours. Someone who works less than 20 hours a week must complete 6 credit hours. If you have any questions regarding continuing education, please contact [Lacy](#) at the State Office.

Now Open: Montana Harvest of the Month Mini Grants

Montana Team Nutrition Program and National Center for Appropriate Technology are excited to accept applications for the Montana Harvest of the Month Mini-Grant program. Twelve \$400 mini-grants are open to early care and education and healthcare sites participating in Harvest of the Month. New Harvest of the Month sites are welcome to apply!

The mini-grants are funded with support from the Northern Pulse Growers Association, Montana Specialty Crop Block Grant, and Montana Office of Public Instruction.

Applications are due September 23, 2019 at 11:59pm MST. Get more information at www.montana.edu/mtharvestofthemonth.

Upcoming NWA Webinars

NWA offers webinars most Thursdays from 1:00PM MST. For a complete list of upcoming webinars please visit the [website](#).

Nutrition Risk Code Highlight

Risk Code 332 Short Interpregnancy Interval is defined as an interpregnancy interval of less than 18 months from the date of a live birth to the conception of the subsequent pregnancy for pregnant women and breastfeeding/non-breastfeeding women.

What WIC Can Do:

- Encourage postpartum women and their partner to meet with their healthcare provider to discuss developing a reproductive plan and birth spacing, as appropriate.
- Encourage folic acid supplementation.
- Encourage healthful eating patterns consistent with the Dietary Guidelines of Americans.

This institution is an equal opportunity provider.

Help us keep the distribution list updated – send e-mail address changes, additions and deletions to [Kevin](#) at the WIC State Office at (406) 444-4746.

